

Editorial

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Special issue on Fabry disease - book 1: editorial

Derralynn Hughes¹, Guillem Pintos-Morell² 

¹Lysosomal Storage Disorders Unit, Royal Free London NHS Foundation Trust, University College London, London NW3 2Q, UK.

²Vall d'Hebron Institute of Research, Vall d'Hebron Barcelona Hospital Campus, Barcelona 08035, Spain.

Correspondence to: Dr. Derralynn Hughes, Lysosomal Storage Disorders Unit, Royal Free London NHS Foundation Trust, University College London, London NW3 2Q, UK. E-mail: derralynnhughes@nhs.net; Dr. Guillem Pintos-Morell, Vall d'hebron Research Institute, Passeig Vall d'Hebron 119-129, Barcelona 08035, Spain. E-mail: guillem.pintos@vhir.org

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Fabry disease (FD) is far from a simple lysosomal storage disorder (LSD), if indeed any one of this group of 70 disorders could be considered simple. FD, an X-linked LSD, has long been recognized for its complex pathophysiology and varied clinical manifestations. Our understanding of its pathophysiological mechanisms has significantly advanced since the first descriptions by Anderson^[1] and Fabry^[2] in 1898, the discovery of the lysosome by Christian de Duve in 1955^[3], the elucidation of the enzyme defect by Roscoe O. Brady in 1967^[4], and the subsequent recommendations for diagnosis and treatment by Desnick *et al.* in 2003^[5]. Recent insights have shifted our understanding of the disease from merely focusing on substrate storage to recognizing it as a highly complex and enigmatic disorder with unclear pathology and diverse presentations. FD progresses slowly and exhibits diverse symptomatology at any given time, which can differ based on the type of GLA gene mutation, sex, and age at presentation. In this Special Issue dedicated to Fabry disease, we highlight the substantial progress made in understanding its pathophysiology, presenting six articles that provide a comprehensive overview of new dimensions within this multifaceted condition. From novel pathomechanisms to critical clinical insights, this compilation emphasizes the urgent need for ongoing research and clinical attention to FD.

The article titled “Investigating Fabry disease - some lessons learned”, authored by Prof. R. Schiffmann, discusses uncertainties related to FD expression, disease progression, and treatment response^[6]. The next article by Feriozzi and Rozenfeld^[7] delves into an emerging understanding of the pathophysiology



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underlying Fabry disease, highlighting the important role of immunoinflammation in disease progression. This important work sheds light on how understanding these immunoinflammatory processes could guide new therapeutic strategies aimed at mitigating inflammation and preserving organ function.

One of the difficulties in managing FD is the lack of biomarkers that directly correlate with disease burden and treatment response. In the following article by Aguiar^[8], the focus shifts to biomarkers that could be used in clinical practice and may help in decision making regarding diagnosis, monitoring, and management, including determining the optimal time to commence treatment. Identifying reliable biomarkers is crucial for early detection and intervention, which may significantly alter the disease trajectory. This article offers a roadmap for future studies aimed at standardizing biomarker use in the management of Fabry disease.

As we journey through this Special Issue, we move on to a critical discussion of Fabry nephropathy. The article by West *et al.* provides a detailed examination of the renal implications of Fabry disease, particularly focusing on the various treatment modalities available today^[9]. Drawing on our experiences with enzyme replacement therapy and other emerging treatments, there is optimism for improving renal outcomes and the quality of life for affected individuals. This article emphasizes the importance of early diagnosis and timely therapeutic interventions, reinforcing the notion that while Fabry nephropathy is a serious condition, it can be managed with a proactive approach.

Gastrointestinal manifestations of Fabry disease are often underappreciated but can significantly impact patients' quality of life. The article by Politei and Solar^[10] highlights these often-overlooked symptoms, ranging from abdominal pain to altered bowel habits. By detailing the prevalence and potential underlying mechanisms of gastrointestinal issues in Fabry patients, the authors underscore the necessity for healthcare providers to recognize and address these symptoms in a holistic approach to patient care.

You can also watch the special interview with Dr. Politei (<https://www.oaepublish.com/interviews/rdodj.248>).

Finally, we conclude with an exploration of stroke in Fabry disease. The article by Moreno-Martínez *et al.* delves into the increased risk of cerebrovascular events in this patient population^[11]. Given the devastating consequences of strokes, understanding the risk factors and preventive measures is critical. This comprehensive review not only discusses clinical implications but also highlights potential pathways through which Gb3 accumulation may increase stroke risk, emphasizing the need for a prevention strategy.

Collectively, these articles advance our understanding of Fabry disease, promoting a multidisciplinary approach that incorporates genetic, biochemical, and therapeutic insights. This Special Issue serves as a timely reminder of the challenges faced by individuals living with Fabry disease, while also showcasing the advancements that open doors to improved diagnostics and therapies.

In conclusion, we hope that this collection inspires ongoing research and fosters collaboration aimed at unraveling the complexities of Fabry disease. By continuing to explore the intersections of genetics, immunoinflammation, biomarker development, renal treatment options, gastrointestinal care, and stroke prevention, we can better support the Fabry community and enhance patient outcomes. We invite our readers to engage deeply with the articles presented in this issue, recognizing the critical role each plays in the broader narrative of understanding and managing Fabry disease.

As we further explore the multifaceted landscape of Fabry disease through this Special Issue, we are pleased to announce the upcoming release of Book 2, which will further enrich our understanding and provide a comprehensive view of the complexities associated with this disorder. This anticipated volume will tackle critical aspects crucial for both clinicians and researchers committed to improving the lives of those affected by Fabry disease.

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