

Immunotherapeutic strategies for glioma treatment

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ABSTRACT

Glioblastoma is the most common and malignant primary brain tumor. Despite intensive clinical investigation and several novel therapeutic approaches, the median survival continues to remain poor and it is usually in the range of fifteen months. Immunotherapy is a beacon of hope for cancer treatment and offers a different approach against glioma. Various approaches have been used, such as dendritic cell based vaccines, peptide vaccines, T-cell-based therapies and immune checkpoint blockade with promising results. This paper provided an overview of the results of the most exciting immune therapeutic strategies for the treatment of gliomas.

Key words: Glioma; immunotherapy; vaccines

INTRODUCTION

Glioblastoma (GBM) is by far the most common type of primary brain tumor in adults. This devastating disease is usually incurable and virtually all GBM patients succumb despite treatments that consist of surgery, radiotherapy and chemotherapy. The median survival time remains in the range of 15 months.^[1,2] GBM is a heterogeneous tumor and there is great variability regarding response to treatment and outcome. Verhaak *et al.*^[3] developed a molecular classification of GBM into Classical, Mesenchymal, Proneural and Neural subtypes based on gene expression. Epidermal Growth Factor Receptor amplification and the absence of *p53* mutations characterize the Classical subtype, whereas the Mesenchymal subtype is characterized by deletions or mutation of the gene and the Proneural subtype

is characterized by alterations of Platelet Derived Growth Factor A and point mutations in cytosolic isocitrate dehydrogenase. A clinical significance was also reported, concluding that therapeutic approaches need to be GBM subtype-specific.^[3]

Immunotherapy is an attractive treatment option that involves the stimulation of patient's immune system against cancer cells with high specificity and minimal toxicity.^[4] In the late 1800s, William B. Coley, a pioneer in immunotherapy, was the first who injected a mixture of live streptococcus bacilli and subsequently heat-killed streptococcus into sarcomas and induced regression of these tumors.^[5] GBM cases of increased survival after bacterial infection have been documented, whereas patients with neutrophil to lymphocyte ratio in the blood that exceeded 4.7 differ significantly from those with neutrophil to lymphocyte ratio lower than 4.7 and were associated with worse survival.^[6,7] Nevertheless, GBM can evade by several mechanisms immune surveillance, such

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as loss of major histocompatibility complex (MHC) antigen expression that prevent their recognition by the CD8⁺ T cells.^[8] CD8⁺ T cell cytotoxic activity has been considered key for tumor eradication and these cells have been detected in GBM tissue. Furthermore, the tumor secretes factors that suppress T-cell proliferation and dendritic cells maturation. Increased ratio of CD3 and CD8⁺ to FoxP3⁺ T cell correlated significantly with patient's survival in primary GBM.^[9]

Further suppression of the immune system in GBM patients can be caused by systematic corticosteroid treatment that is used for the reduction of vasogenic oedema and as a consequence of chemo-radiotherapy. The present review summarizes all major progresses that have been made in immunotherapeutic treatments against gliomas, such as dendritic cells based therapies, vaccines (such as EGFRvIII and IDH1), tumor specific targets, T cell engineering and immune checkpoint inhibitors.

DENDRITIC CELLS THERAPIES

Dendritic cells (DC) are professional antigen presenting cells (APC) and have been reported to be a promising treatment method against glioma. DCs can be subdivided into myeloid DC (mDCs) and plasmacytoid DC (pDCs). Dendritic cells can be extracted from blood and can be incubated with GBM cells. After antigen presentations, DC can be injected back to patients as immunotherapy. However, this approach requires firstly, tumor tissue collected during surgery and secondly, several weeks for vaccination preparation. Side effects of this approach are minimal and several studies have shown that DCs are capable of inducing immune response.^[10,11] Prins *et al.*^[12] compared the safety, feasibility, and immune responses of malignant glioma patients that were treated with DC pulsed with autologous tumor lysate or with synthetic glioma-associated antigens. The results showed that DCs pulsed with autologous tumor lysates produced a better anti-tumor immune response.^[12] When autologous DCs transfected with autologous tumor stem cell-mRNA they induced an immune response against the patient's GBM stem cells. The vaccinated patients had significantly better progression-free survival.^[13] mDC proved to be superior to pDC in producing a robust antitumor T cell response resulting in tumor eradication and better long-term survival in mice.^[14] Recently, Mitchell *et al.*^[15] showed that pre-conditioning the site of vaccination with a recall antigen such as tetanus/diphtheria toxoid can significantly increase the efficacy of DC vaccination.

Apart from loading DC with regular antigens, Xu *et al.*^[16] used cancer stem-like cells (CSC) as sources of antigens for DC

vaccination, given that these cells express increased levels of MHCs and tumor associated antigens. This vaccination induced antigen-specific Th1 immune response and, when tested in 9 L CSCs brain tumor model, it resulted in robust antitumor T-cell immunity and a significant survival benefit.^[16] Another interesting approach is the possibility of preloading DC and CD14⁺ cells with chemotherapeutic drugs before immunotherapy. In a recent study, both CD14⁺ and DCs were incubated with paclitaxel for 24 h. The cells loaded the drug and this was subsequently released in the conditioned medium. Growth inhibition was observed when this medium was used to culture U87MG cells.^[17] Of note, U87MG is a commercial cell line that has been expanded *in vitro* for many passages, thus its utility in defining therapeutic approaches for glioma is questionable.

VACCINES

The rational for vaccines lies in the presentation of tumor associated antigens in the immune system. Several ways exist to provide antigens for vaccine administration, one of which is autologous DC as previously described. Recently, a vaccine called Gliovac (ERC 1671), was prepared using autologous antigens that derived from excised tumor tissue and were combined with allogeneic antigens from glioma tissue resected from other GBM patients. This vaccine was capable of triggering powerful polyclonal immune reactions. When administered in 9 recurrent GBM patients, that were treated with surgery, radiotherapy, temozolomide and bevacizumab, the vaccine showed minimal toxicity and enhanced overall survival that reached 77% at 40 weeks.^[18] Vaccination with rindopepimut, composed of the EGFRvIII peptide sequence conjugated to the immunogenic carrier protein keyhole limpet hemocyanin, showed promise in a phase II study. The median progression-free survival and overall survival was 14.2 and 26 months in vaccinated patients compared to 6.4 and 15.2 months in controls, respectively.^[19] A Phase III clinical trial is now underway. One major disadvantage of peptide vaccines is that a different treatment strategy is usually required when tumor recurs. Sampson *et al.*^[20] showed that the EGFRvIII-targeted peptide vaccine triggered loss of the EGFRvIII expression in 82% of patients at the time of tumor recurrence.

The R132H mutation is a tumorigenic mutation and can be found in the majority of low grade gliomas, secondary GBMs and rarely on primary GBMs or gliosarcomas. Paradoxically, the presence of mutation is a favorable prognostic marker, even when assessed in comparison with the O6-methylguanine-DNA methyltransferase promoter status.^[21] A vaccine of peptides encompassing

the mutated region showed great promise for the treatment of (R132H)-mutated tumors.^[22] In an intracranial glioma model, the R132H mutation could be effectively targeted by the immune system: the results of this study demonstrated a significant increase in survival of treated mice compared to controls and 25% of the mice were cured. After evaluating the CD8⁺ T cell response in spleen there was a significant difference for the immunized mice compared to controls.^[23]

Heat shock proteins (HSP) are evolutionary conserved family of proteins that serve as molecular chaperones and inhibit non specific protein aggregation.^[24] HSP can be recognized and activate APC cells which in turn present them on major histocompatibility complexes I (MHC I) and II (MHC II).^[25] Various HSP have been utilized for this purpose. Peptides bound to HSP-96 proved safe in a phase I trial and resulted in a 47 weeks median survival after surgical excision in the 11/12 patients that responded to the vaccination.^[26] In a phase II study of 41 patients, that received complete excision of recurrent GBM and vaccination, the median overall survival reached 42.6 weeks.^[27] The HSP47 was also utilized as a glioma associated antigen. In 26.9% of GBM patients there was a positive cytotoxic T lymphocyte response that resulted in a significant better progression-free and overall survival than negative responders.^[28] Recently, a vaccine composed of the recombinant mycobacterial HSP65 with mouse glioma 261 (GL261) tissue lysate increased the survival of mice bearing GL261 gliomas by enhancing the ratios of brain-infiltrating Th17 cells subset and inflammatory cells.^[29] Of note, although efficient for studies based on anti-glioma therapeutic modalities, GL261 cells exhibit moderate immunogenicity.^[30]

TUMOR SPECIFIC TARGETS

Monoclonal antibodies constitute an attractive type of biological therapy. The selection of tumor antigens suitable for antibody targeting and therapy requires firstly, the target antigen to be confined in the tumor and secondly, to be absent or to have a very low expression on normal tissue. Antigens involved in angiogenesis are a suitable target of monoclonal antibodies, in fact GBM is a highly vascular tumor that expresses high levels of the pro-angiogenic vascular endothelial growth factor (VEGF) and VEGF receptors.^[31] Hypoxic conditions that are present in this tumor further increase VEGF production. Bevacizumab is a humanized monoclonal immunoglobulin G1 antibody that neutralizes the biological activity of human VEGF-A and inhibits its binding to vascular growth factor receptor 1 (VGFR-1) and VGFR-2 on tumor endothelial cells.^[32] Such agent

has been approved for the treatment of recurrent GBM and has been also used in combination with cytotoxic agents such as irinotecan with favorable results.^[33]

Overexpression and/or amplification can be found in up to 40% of primary GBM. Several EGFR mutations have been reported, the most frequent being EGFRvIII that occurs in 25-64% of cases.^[34] Cetuximab is a chimeric monoclonal antibody against EGFRvIII with high affinity. In a phase II study, involving patients with recurrent GBM, cetuximab combined with bevacizumab and irinotecan was safe, except from skin toxicity and displayed encouraging response rates. Nevertheless, the combination treatment does not seem to be more effective in comparison to bevacizumab and irinotecan alone.^[35] Recently, an antibody drug conjugate, named AMG 595 was tested. AMG 595 is composed of maytansinoid DM1, which are potent microtubule-targeted compounds blocking the proliferation of cells at mitosis. After conjugation to an anti-EGFRvIII antibody, it was observed that the drug inhibited the proliferation of U251 cells and induced tumor mitotic arrest in xenografts expressing EGFRvIII.^[36]

Cancer stem cells display a high tumorigenic potential and treatment resistance, given their low proliferation rate, eventually resulting in GBM recurrence. Targeting GBM stem cells is an attractive treatment strategy and various approaches have been tested. The AC133 epitope expressed on the CD133 glycoprotein has been used as a marker to identify stem cells. Recently, a recombinant specific antibody that binds both to AC133 and to T cells (via the CD3 receptor) has been developed. This agent suppressed the outgrowth of AC133⁺ subcutaneous GBM xenografts.^[37] Nevertheless, it is important to note that CD133 as well as other markers such as CD15, do not discriminate between tumorigenic and non-tumorigenic cells, thus questioning their use in glioma to identify CSCs.^[38,39]

The highly immunosuppressive tumor microenvironment is considered to be a significant barrier to successful immunotherapy. The fibrinogen-like protein 2 (FGL2) that can be found in malignant cells has been reported to act as an immune-suppressor in GBM, permitting the tumor to grow by suppressing tumor-targeted immune responses. Mice treated with an anti-FGL2 antibody had a median survival of 27 days compared with 17 days as the median survival of mice injected with an isotype control antibody.^[40]

T CELL ENGINEERING

Chimeric Antigen Receptor (CAR) cells are cytotoxic

T lymphocytes (CTL) engineered to express tumor antigen-specific proteins. Such targets are the EGFRvIII, human epidermal growth factor receptor 2, erythropoietin-producing hepatocellular carcinoma A2 (EphA2) and the interleukin-13 receptor alpha2 (IL13Rα2). Recently, it has been suggested that EGFRvIII-directed CAR T cells are able to suppress tumors of EGFRvIII (+) GBM in xenogeneic subcutaneous and orthotopic models.^[41] The EphA2 has been found increased in the majority of GBM specimens and cell lines and at very low levels in the normal brain.^[42] Chow *et al.*^[43] developed EphA2-specific T cells that resulted in regression of glioma xenografts and better survival. The IL13Rα2 is a cell surface receptor which is not significantly expressed in normal brain but over-expressed in a subset of high-grade gliomas. Similarly, in a trial evaluating an engineered chimeric antigen receptor, autologous primary human CD8⁺ cytotoxic T lymphocytes targeting IL13Rα2 were tested for the treatment of recurrent GBM. The intracranial administration was safe and promising in a pilot study of 3 patients.^[44]

IMMUNE CHECKPOINT INHIBITORS

Immune checkpoint inhibitors against regulatory pathways in T cells provide a gateway to development of new treatments for several cancer types.^[45] This has been explored in several tumors, by testing antibodies to cytotoxic T lymphocyte antigen-4 (CTLA-4), i.e. an important immunosuppressive receptor, inhibition of indoleamine 2,3-dioxygenase 1 (IDO) and blocking antibodies targeting either the receptor of the programmed death 1 (PD-1) checkpoint or its major ligand. For instance, in a murine GL261 glioma model, a long-term survival in at least 50% of treated animals was achieved by combining radiotherapy with anti-CTLA-4 antibodies and anti-4-1BB, that drives the proliferation of CD8⁺ T cells.^[46] Moreover, using a syngeneic intracranial mouse glioma model, Wainwright *et al.*^[47] reported that simultaneous blockage of CTLA-4, IDO and PD-L1 results in long term survival of all mice.

OTHER APPROACHES

Another interesting approach is based on macrophages which have the ability to cross the intact blood brain barrier. Baek *et al.*^[48] showed that macrophages loaded with gold nanoshells could infiltrated into glioma spheroids and after near-infrared light laser irradiation there was complete growth inhibition in an irradiance-dependent manner. Recently, allogeneic natural killer (NK) cells against patient-derived GBM *in vitro* and *in vivo* have been tested with promising results. Killer Ig-like receptor (KIR)

2DS2 positive NK cell subsets displayed a functional activation advantage and resulted in greater cytokine production, propensity for degranulation and greater persistence *in vivo* compared with KIR2DS2 negative NK cells.^[49] In order to enhance the killing capability of cytotoxic lymphocytes, another approach was based on the modulation of microvilli and filopodia that are characteristic of glioma cells. These structures physically prevent cytolytic lymphocytes from eliminating glioma cells. In particular, knocking-down Fascin-1, an important scaffolding protein that is involved in the microvilli and filopodia formation, resulted in increased lymphocyte cytotoxicity and inhibition of cell proliferation and invasion.^[50] Recently, the intratumoral administration of an oncolytic adenovirus, the AdCMVdelta24, led to an increased number of Interferon gamma-producing CD8⁺ T cells and a decrease in the tumor-infiltrating regulatory T cells in a mouse model.^[51]

Interestingly, it has been suggested that radiotherapy complement immunotherapies; in fact, irradiated cancer cells release peptides that can activate DC. Furthermore, radiotherapy in combination with immune checkpoint inhibitors such as (anti-CTLA-4 and/or anti-PD-L1) may stimulate CD8⁺ T cell-mediated anti-tumor immunity.^[52]

CONCLUSION

GBM is an extremely heterogeneous tumor, comprised of both differentiated and stem cells.^[53] This is also highlighted in the recent gene expression-based molecular classification of GBM into four subtypes, namely Proneural, Neural, Classical and Mesenchymal.^[3] Thus, a multifaceted approach combining several treatment strategies might be eventually required to achieve better results. Recent data seem to suggest that immunotherapy constitutes a promising treatment strategy for malignant gliomas despite several limitations such as the modest Class I MHC expression and the absence of Class II MHC expression in tumor cells. Further combinatorial treatments that involve the current standard therapies and immunotherapeutic approaches are under way and hopefully they will lead to more promising results.

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Conflicts of interest
There are no conflicts of interest.

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