

Editorial

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# What role does hand-assistance have in minimally invasive pancreatic surgery?

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## MINIMALLY INVASIVE SURGERY: RATIONALE, ADVANTAGES AND LIMITATIONS

Surgery poses an important stress on the patient from both physical and psychological points of view *per se*. It has become clearer with time that, regardless of the type of surgical operation, a smaller surgical incision could reduce the operation-induced stress. With advancements in technology, great efforts have been made in trying to reduce this burden on the patient, leading to the development of minimally invasive surgery (MIS)<sup>[1,2]</sup>. MIS has gained increasing support since its introduction and has undergone continuous improvements and evolutions to the point of becoming, nowadays, the standard of care for many surgical procedures such as cholecystectomy, adrenalectomy, splenectomy, and fundoplication. MIS encompasses several different approaches which have in common the aim of decreasing the impact of the surgical operation on the patient. The first approach to be developed and widely accepted in clinical practice was laparoscopy. Among the well-established advantages of laparoscopic surgery, we have decreased pain, shorter length of stay, faster postoperative recovery, and a better visualization of secluded anatomical spaces which would otherwise require a large incision to be correctly exposed<sup>[3]</sup>. All of this comes at the price of decreased dexterity, diminished tactile feedback, and inherent limitations posed by restricted degrees of freedom of laparoscopic instrumentation, which may result in a longer operative time compared to the open approach for complex surgical procedures<sup>[4]</sup>. In recent years, an alternative to the laparoscopic technique has been proposed with the introduction of robotic platforms in surgery. Potential advantages of robotic surgery are filtration of tremors, better dexterity, higher degrees of freedom with the EndoWrist system, and better



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operative field visualization with 3D imaging. Nonetheless these advantages have to be balanced with drawbacks such as lack of haptics and high cost in terms of both initial investment in purchasing the robotic platform and single operation cost.

## MIS IN THE PANCREATIC SURGERY FIELD: A STEEP PATH

Despite all the hype around these new technologies, the implementation and diffusion of MIS have been hampered by the large amount of time and dedication necessary to master the techniques to have results comparable to the open approach. The concept of learning curve became particularly popular with the advent of minimally invasive surgery, when surgeons needed to completely rethink their abilities and adapt them to new techniques and technologies. It has also been postulated that the learning curve appears to be longer in MIS relative to open surgery, and that the curve becomes steeper and steeper with the increasing complexity of surgical procedures<sup>[5]</sup>. For complex major abdominal surgeries, a great number of procedures is required to master the technique, and there may be dangerously high morbidity and mortality rates at the beginning of the learning curve. This has been particularly the case of pancreatic surgery.

Despite the appeal of MIS and its widespread adoption in several fields of surgery, the attitude of pancreatic surgeons has been initially tepid. On the one hand, there was the conceptual problem of whether in complex and demanding surgical operations such as pancreatic resections the size of the incision can truly be considered the main contributor to surgical trauma. On the other hand, some peculiar aspects of pancreatic surgery have initially hampered the widespread diffusion of the minimally invasive approach in this field: the peculiar retroperitoneal location of the pancreas, its delicate texture and proximity to major vessels, the complexity of the dissection, the concerns regarding oncological safety in the case of malignancy, the difficulty of the anastomotic components, and the still relatively high morbidity and mortality that characterize pancreatic resections<sup>[6-10]</sup>. Another more practical matter is the relative rarity of pancreatic diseases and the complexity of most cases, which make them not suitable to be approached minimally invasively by surgeons at the beginning of their learning curve; the result is an even longer time to reach proficiency and an acceptable morbidity and mortality rate<sup>[11]</sup>.

Reports of the initial experience with totally laparoscopic pancreatic surgery showed no apparent advantage for pancreaticoduodenectomy, with no improvement in postoperative outcomes and increased morbidity. Conversely, the results are promising for distal pancreatectomy, since it was associated with acceptable operative time and reduced morbidity and length of stay (LOS)<sup>[12]</sup>.

## HAND-ASSISTED LAPAROSCOPIC SURGERY

### Rationale and limitations

To overcome the difficulties in adaptation of complex procedures from an open approach, some hybrid techniques have been developed for laparoscopy.

One of the proposed approaches is hand-assisted laparoscopic surgery (HALS): a mini-laparotomy is planned through which the surgeon can insert his or her hand covered by a glove or a hand port that prevents the loss of the pneumoperitoneum. This allows for the surgical operation to be performed via laparoscopy but with the help of an intra-abdominal hand. At the beginning, this technique was greeted with skepticism because of the need to perform a laparotomic incision, which is in direct contrast with the principle of minimal invasivity and because of the lack of adequate instruments able to maintain the pneumoperitoneum with an intra-abdominally inserted hand<sup>[13]</sup>. However, with the development of appropriate instruments, HALS found its niche in enabling the surgeon to start approaching major abdominal operations in laparoscopy, with as safety net the familiarity and the expertise of having a hand

directly in contact with the structures. Clear pros of this approach are restoration of the tactile feedback and better manipulation of tissues, such as better organ retraction, finger blunt dissection, exposure and control of possible unexpected intraoperative bleeding and complications<sup>[14,15]</sup>, and a shorter operative time than laparoscopy<sup>[16]</sup>, while maintaining some of the advantages of MIS over the open approach, notably a lower estimated blood loss and a shorter LOS. Among the cons, there is clearly the additional surgical trauma posed by the mini-laparotomy, although this problem may be partially mitigated by using this technique in operations which would already require an incision to retrieve the resected specimen. Moreover, despite the handiness of having a direct access to the abdominal cavity, the presence of the hand may reduce the space and range of movements of laparoscopic instrumentation and impair vision<sup>[13]</sup>.

### Fields of use

After its introduction, this technique was initially adopted in several different fields of surgery, in which a pure laparoscopic approach was still striving to be undertaken. In esophagogastric surgery, HALS was applied to both trans-hiatal esophagectomy and total and partial gastrectomy with good results in terms of postoperative and oncological outcomes<sup>[17-19]</sup>. A trial was also made in bariatric surgery, but no advantages were found over the open approach for gastric bypass in terms of incidence of incisional hernia and reduction of LOS despite an increased cost<sup>[20]</sup>. One of the areas in which HALS has had greater success is colorectal, surgery in which an incision is needed anyway, no matter the approach, to extract the specimen and possibly perform the anastomosis. HALS has been used for partial or total colectomy, anterior rectum resection, and abdominoperineal resection, and it maintains the advantages of laparoscopy in terms of bowel movements, refeeding, and hospital stay<sup>[21-24]</sup>. Another application of HALS was in the living-donor nephrectomy, where it showed a shorter warm ischemic time than pure laparoscopy, while offering a smaller incision and faster recovery than the open approach<sup>[25-28]</sup>. From initial reports, HALS appeared to facilitate the laparoscopic approach, increasing the level of subjective safety and thus shortening the learning curve.

### HALS in the pancreatic surgery field

In pancreatic surgery, preliminary data were presented by Cuschieri<sup>[29]</sup> and Gagner and Gentileschi<sup>[30]</sup>, in the early era of pancreatic laparoscopy, presenting the advantages of the hand-assisted technique over the totally laparoscopic approach for such major procedures in terms of safety, exposure, and oncological appropriateness. Furthermore, HALS can provide particular advantages in the case of malignancy, allowing for palpation of the tumor and manual staging, and in the case of voluminous cystic lesions, which can be more effectively removed en-bloc<sup>[31-35]</sup>.

The hand-assisted pancreatic resections were performed with the insertion of trocars along with a subcostal mini-laparotomy, through which the non-dominant hand was inserted to provide traction and direct palpation, while the demolition and reconstruction phase were both accomplished via laparoscopic instrumentation by the dominant hand. In the case of Pancreaticoduodenectomy (PD), all three anastomosis were performed intracorporeally<sup>[30]</sup>, which is also because mini-laparotomy is usually located in a position not favorable to be exploited for an open pancreatic anastomosis<sup>[36]</sup>.

The HALS approach was mostly used to perform Distal Pancreatectomy (DP) because it is a relatively easier procedure without need for complex anastomosis and therefore a greater effort has been put in trying to make this procedure as less invasive as possible. Initial experience with totally laparoscopic DP has been encouraging, stating a marked reduction of LOS, but, at the same time, relevant limitations were identified, such as a long operative time and a high conversion rate<sup>[37,38]</sup>. At the beginning, trying to transition from a purely open approach to a totally minimally-invasive procedure, HALS appeared to be a good compromise, and several reports have been published stating its advantages<sup>[39,40]</sup>. Postlewait *et al.*<sup>[41]</sup> reported a lower

intraoperative blood loss and shorter hospital stay than open surgery and comparable perioperative and oncological outcomes. Gamboa *et al.*<sup>[16]</sup> showed similar results and additionally reported a shorter operative time than totally minimally invasive approach, a similar LOS, and a lower conversion rate, even though patients undergoing hand-assisted distal pancreatectomy (HADP) had more comorbidities and a higher number of previous abdominal operations. Kneuert *et al.*<sup>[42]</sup> reported the outcomes of laparoscopic DP (LDP) at their institution over an 11-year period; a reduced use of hand-assistance was observed with growing experience and a reduced LOS in TLS relative to HALS. A similar trend in reduction of HALS use over time was reported by Jayaraman *et al.*<sup>[43]</sup> and Nakamura *et al.*<sup>[44]</sup>. A relevant piece of literature includes HADP in the laparoscopic cases, and it is therefore difficult to extrapolate data on specific HADP outcomes<sup>[45-52]</sup>. The current available literature on the topic is summarized in [Table 1](#); articles where the surgical technique is not specified were excluded. Placement of trocars and hand-port is shown in [Figure 1](#).

Some reports have postulated a non-inferiority of the hand-assisted approach for PD relative to open, but its usefulness has been questioned<sup>[29,30,62-64]</sup>. In PD, the advantage of hand assistance does not appear to be striking. This is probably ascribable to the fact that the complex reconstruction phase, in HADP, is performed intracorporeally, and, if a surgeon has enough laparoscopic skills to perform the reconstructive part, he conceptually should not need the help of the hand in the demolition phase<sup>[36]</sup>. Accordingly, recent literature reports a very limited adoption (0.6%) of the hand-assisted approach for PD<sup>[36]</sup>. Some hybrid approaches have been proposed, with the demolition phase performed with a hand-assisted approach and the reconstruction phase with an open approach via a mini-laparotomy<sup>[65]</sup>.

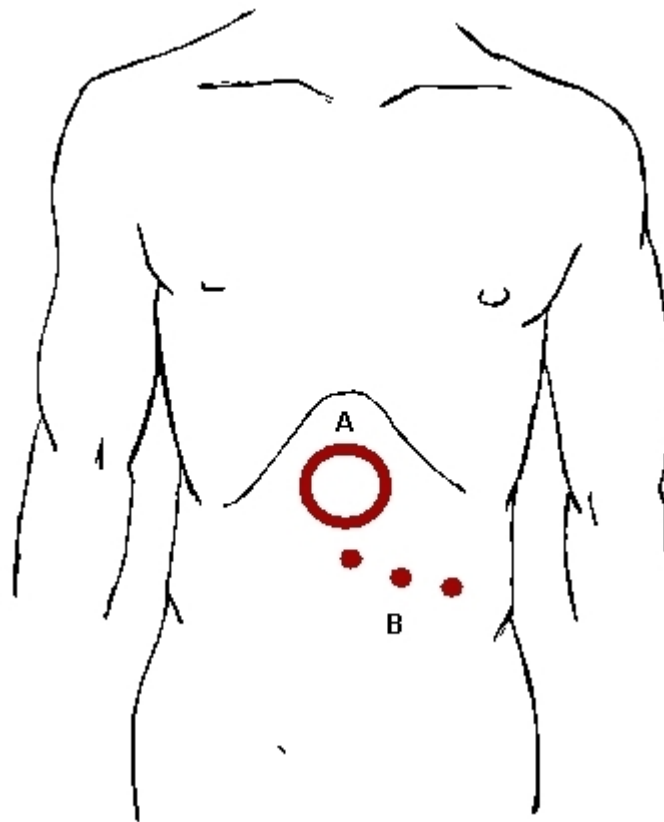
## LAPAROSCOPIC-ASSISTED SURGERY

A similar but somewhat different hybrid approach that appeared to be more suitable for PD is laparoscopic-assisted surgery (LAS). In LAS, the preparation and part of the demolition phase of the surgical operation is managed via laparoscopy, while the reconstruction part is performed out of the body via a small laparotomic incision<sup>[66]</sup>. With this approach, we are able to take advantage of the improved vision of secluded spaces given by the laparoscopy, sparing a large incision to the patient and granting a faster postoperative recovery, while assuring an adequate anastomosis technique and hemostasis through a small incision that can also be used for the retrieval of the resected specimen<sup>[67,68]</sup>. Several authors, in the initial phase of approaching minimally invasive PD, used a laparoscopic-assisted PD (LAPD) approach and reported their case series, proposing the feasibility of LAPD<sup>[69-74]</sup>. LAPD showed non-inferior results to open surgery in terms of perioperative and oncological outcomes (comparable number of harvested lymph nodes and higher R0 rates)<sup>[75]</sup>. Similar results were also reported by Tan *et al.*<sup>[76]</sup> and Mendoza *et al.*<sup>[77]</sup>, who showed no differences in oncological and perioperative outcomes between open PD and LAPD. Tian *et al.*<sup>[68]</sup> reported a lower estimated blood loss and shorter time to first flatus and Wang *et al.*<sup>[67]</sup> described again a lower intraoperative blood loss and a shorter LOS. Additionally, a lower rate of anastomosis related complications has been reported compared to totally laparoscopic PD performed by experienced pancreatic surgeons at the beginning of their learning curve<sup>[78]</sup>. Similarly promising results were reported by Deichmann *et al.*<sup>[79]</sup>. No differences in intraoperative characteristics and postoperative outcomes were found between LAPD and robotic-assisted PD by Piedimonte *et al.*<sup>[80]</sup>. Patel *et al.*<sup>[81]</sup> reported a shorter LOS and lower severe morbidity rate and reoperation rate in LAPD compared to TLS, although a progressive shift from LAPD to TLS was observed over time. Somewhat similar results were published by Wang *et al.*<sup>[82]</sup>, reporting an increased operative time and blood loss in LAPD relative to TLS but similar LOS, morbidity rate, and postoperative pancreatic fistula (POPF) rate, with LAPD adopted by more inexperienced surgeons. In addition, Goh *et al.*<sup>[83]</sup> reported a more frequent adoption of the hybrid technique during their early experience to allow for a safer transition to totally MIS. van Hilst *et al.*<sup>[84]</sup> compared postoperative outcomes in LAPD and TLS without finding any significant difference; similar results were reported by

**Table 1. Hand-assisted laparoscopic distal pancreatectomy**

	Period of enrollment	Surgical operation	Included approaches	N of HALS pancreatic procedures	HALS vs. open	HALS vs. TLS/robotic
Cuschieri <sup>[29]</sup> , 2000	-	DP, TP, minor pancreatic resections, liver resections,	HALS	2	-	-
Misawa et al. <sup>[53]</sup> , 2006	2004-2005	DP	HALS, open	8	Reduced IBL, LOS Similar OT	-
D'Angelica et al. <sup>[39]</sup> , 2006	2002-2004	DP	HALS	17	-	-
Pierce et al. <sup>[54]</sup> , 2007	2000-2006	DP, enucleation	HALS*, TLS	3	-	-
Teh et al. <sup>[55]</sup> , 2007	2002-2005	DP	HALS*, TLS, open	8	-	-
Tang et al. <sup>[56]</sup> , 2007	1999-2006	DP	HALS*, TLS, open <sup>o</sup>	2	-	-
Nakamura et al. <sup>[44]</sup> , 2008	2000-2007	DP	HALS*, TLS, open	5	-	-
Laxa et al. <sup>[57]</sup> , 2008	2002-2007	DP	HALS, TLS	7	-	-
Vijan et al. <sup>[58]</sup> , 2010	2004-2009	DP	HALS*, TLS, open	2	-	-
Jayaraman et al. <sup>[43]</sup> , 2010	2003-2009	DP	HALS*, TLS, open	38	-	-
Gumbs et al. <sup>[59]</sup> , 2012	-	DP	HALS*, TLS	4	-	-
Kneuert et al. <sup>[42]</sup> , 2012	2000-2011	DP	HALS, TLS	62	-	Increased LOS
Rostas et al. <sup>[60]</sup> , 2012	2008-2011	DP	HALS	34	-	-
Rutz et al. <sup>[61]</sup> , 2014	2009-2013	DP	HALS, TLS, open	21	-	Increased IBL, tumor size Similar LOS, morbidity
Postlewait et al. <sup>[41]</sup> , 2018	2000-2014	DP	HALS, TLS, robotic, open	46	Reduced IBL, LOS Similar specimen length, OT, and LN yield	Similar IBL, LOS
Gamboa et al. <sup>[16]</sup> , 2020	2010-2018	DP	HALS, TLS, robotic, open	109	Reduced IBL, LOS Similar OT, morbidity, LN yield, RO rate	-

The literature search was conducted on the PubMed database. The search terms used were “laparoscopy” OR “hand-assisted” AND “pancreatic resection” OR “distal pancreatectomy” OR “pancreatectomy” individually or in combination. A manual search of reference lists of included articles was conducted. Case reports were excluded from the table. N: Number; HALS: hand-assisted laparoscopic surgery; TLS: total laparoscopic surgery; DP: distal pancreatectomy; TP: total pancreatectomy; LOS: length of stay; IBL: intraoperative blood loss; OT: operative time; LN: lymph node. \*HALS was not treated as a separate group from laparoscopy; <sup>o</sup>historical cohort.



**Figure 1.** Trocars and hand-port placement in hand-assisted laparoscopic distal pancreatectomy. The placement of trocars widely changed among different reports. Proposed placement of trocars: (A) hand-port; and (B) ports for trocars placement.

Dulucq *et al.*<sup>[85]</sup>, Speicher *et al.*<sup>[86]</sup> tracked the evolution of PD procedure over time at their institution, observing a progressive increase in the use of TLS over LAPD with growing experience and a parallel decrease of OT and complication rate; analogous findings were reported by Kim *et al.*<sup>[87]</sup> and Lu *et al.*<sup>[88]</sup>. The literature appears rather inhomogeneous, and it is difficult to draw definitive conclusions; however, in light of the reported data, the hybrid method appears to be safe and not inferior to the open approach<sup>[69,70,89,90]</sup>. It also seems to provide some advantages over TLS in the early phase of the learning curve, but this may lose relevance in the case of surgeons with extensive experience in laparoscopy. A relevant piece of literature includes LAPD in the laparoscopic cases, and it is therefore difficult to extrapolate data on specific LAPD outcomes. The current available literature on the topic is summarized in [Table 2](#); articles where the surgical technique is not specified were excluded. Placement of trocars and mini-laparotomy is shown in [Figure 2](#).

## MIS IN THE PANCREATIC SURGERY FIELD: WHERE ARE WE NOW?

### Distal pancreatectomy

It is worth noting that, despite the initial setback, MIS has been greatly implemented in the pancreatic surgery field in recent years. Several observational studies, reviews, and metanalysis reported on the safety of minimally invasive distal pancreatectomy (MIDP) and proposed its advantages<sup>[98-106]</sup>. A multicentric randomized controlled clinical trial comparing MIDP to open distal pancreatectomy demonstrated, despite a similar major complication rate, a reduced rate of delayed gastric emptying, a reduced intraoperative blood loss, a reduced time to functional recovery, and a better quality of life<sup>[107]</sup>. In light of this evidence, MIDP has become the standard of care for benign and low malignant tumors<sup>[108]</sup>. Regarding the use of

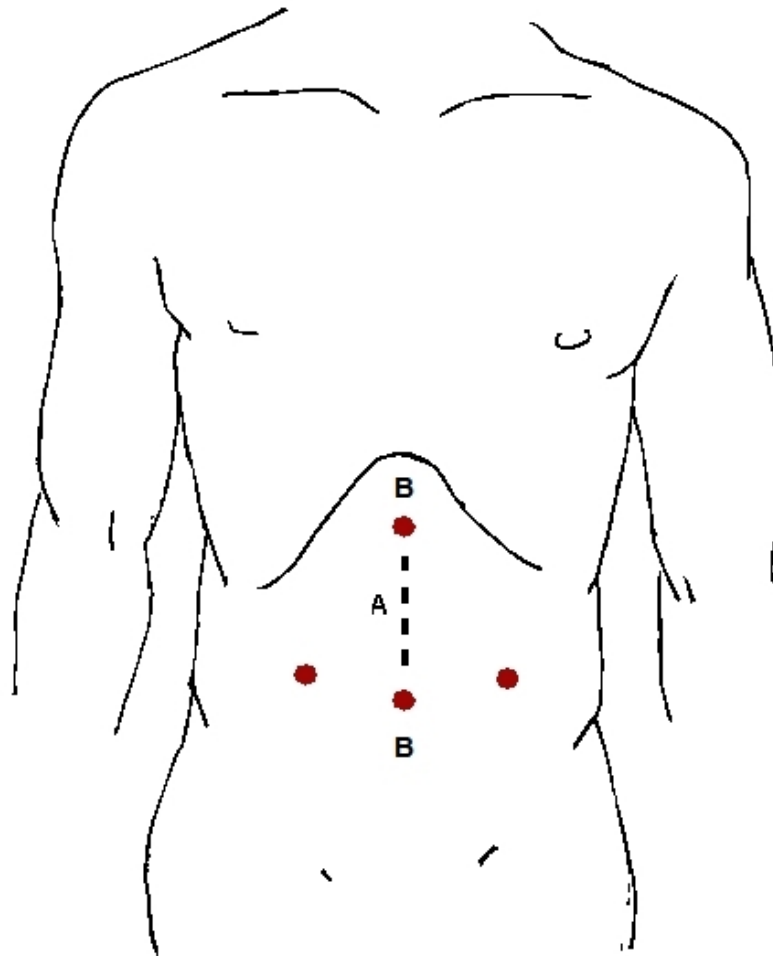
**Table 2. Laparoscopic-assisted pancreaticoduodenectomy**

	<b>Period of enrollment</b>	<b>Surgical operation</b>	<b>Included approaches</b>	<b>N of LAS pancreatic procedures</b>	<b>LAS vs. open</b>	<b>LAS vs. TLS/robotic</b>
Staudacher et al. <sup>[72]</sup> , 2005	2003-2004	PD	LAS	4	-	-
Dulucq et al. <sup>[85]</sup> , 2006	1999-2005	PD	LAS, TLS	9	-	Similar IBL, OT, LOS
Pugliese et al. <sup>[91]</sup> , 2008	2002-2006	PD	LAS*, TLS	7	-	-
Cho et al. <sup>[70]</sup> , 2009	2007-2008	PD	LAS	15	-	-
Machado et al. <sup>[92]</sup> , 2013	-	PD	LAS*, TLS	2	-	-
Kim et al. <sup>[87]</sup> , 2013	2007-2011	PD	LAS*, TLS	10	-	-
Lee et al. <sup>[73]</sup> , 2013	2009-2012	PD	LAS	42	-	-
Langan et al. <sup>[89]</sup> , 2014	2010-2013	PD	LAS, open	27	Reduced LOS Better QoL Similar OT, morbidity rate	-
Wang et al. <sup>[67]</sup> , 2014	2009-2013	PD	LAS, open	13	Decreased blood loss, LOS Similar complication and mortality rate	-
Wellner et al. <sup>[90]</sup> , 2014	1996-2013	PD	LAS, open	40	Decreased need for blood transfusions Similar complication and mortality rate	-
Speicher et al. <sup>[86]</sup> , 2014	2010-2013	PD	LAS, TLS, open	31	Increased IBL, POPF grade C rate Similar RO rate	Increased IBL, POPF grade C rate Similar RO rate
Liang et al. <sup>[93]</sup> , 2015	2011-2013	PD	LAS*, TLS, open	13	-	-
Piedimonte et al. <sup>[80]</sup> , 2015	2010-2014	PD	LAS, RA	14	-	Similar OT, IBL, morbidity rate
Wang et al. <sup>[54]</sup> , 2015	2010-2013	PD	LAS, TLS	6	-	Similar OT, IBL, morbidity
Mendoza et al. <sup>[77]</sup> , 2015	2014	PD	LAS, open	18	Reduced LOS Increased OT Similar IBL, LN yield, RO rate, morbidity rate, POPF rate	-
Liu et al. <sup>[71]</sup> , 2015	2011-2012	PD	LAS	21	-	-
Lu et al. <sup>[88]</sup> , 2016	2012-2015	PD	LAS*, TLS	9	-	-
Patel et al. <sup>[81]</sup> , 2017	2006-2016	PD	LAS, TLS	17	-	Reduced LOS, length of ICU stay, severe morbidity, reoperation rate
Kantor et al. <sup>[94]</sup> , 2018	2014-2015	PD	LAS*, TLS, robotic, open	304	-	-
Nassour et al. <sup>[95]</sup> , 2018	2014-2015	PD	LAS*, TLS, robotic, open	54	-	-
Deichmann et al. <sup>[79]</sup> , 2018	2000-2015	PD	LAS, open	60	Decreased OT, LOS, need for blood transfusions, CR-POPF rate	-

Kuesters <i>et al.</i> <sup>[75]</sup> , 2018	2010-2016	PD	LAS, open	62	Increased OT, RO rate Comparable lymph node yield, morbidity and mortality rate Shorter LOS	-
Tan <i>et al.</i> <sup>[76]</sup> , 2019	2014-2016	PD	LAS, open	20	Increased OT Similar morbidity rate, LN yield, RO rate Reduced time to deambulation	-
Goh <i>et al.</i> <sup>[83]</sup> , 2019	2014-2017	PD, TP	LAS*, TLS, robotic	18	-	-
van Hilst <i>et al.</i> <sup>[84]</sup> , 2019	2014-2018	PD	LAS, TLS	56	-	Increased conversion rate Similar IBL, OT, LOS, POPF rate, severe morbidity rate
Pham <i>et al.</i> <sup>[74]</sup> , 2020	2014-2019	PD	LAS	18	-	-
Tian <i>et al.</i> <sup>[68]</sup> , 2020	2013-2018	PD	LAS, open	36	Decreased blood loss Increased OT Similar CR-POPF rate, need for blood transfusions, LOS	-
Nieuwenhuijs <i>et al.</i> <sup>[78]</sup> , 2020	2016-2017	PD	LAS, open, TLS	10	Similar CR-POPF	-
Klompaker <i>et al.</i> <sup>[96]</sup> , 2020	2012-2017	PD	LAS*, RA, TLS, open	130	-	-
Wang <i>et al.</i> <sup>[82]</sup> , 2020	2016-2018	PD	LAS, TLS	48	-	Increased OT, IBL Similar LOS, morbidity rate, POPF rate
Al-Sadairi <i>et al.</i> <sup>[69]</sup> , 2021	2019	PD	LAS	21	-	-

The literature search was conducted on the PubMed database; the search terms used were "laparoscopy" OR "laparoscopic-assisted" OR "hybrid" OR "hand-assisted" AND "pancreatic resection" OR "pancreaticoduodenectomy" OR "Whipple" or "pancreatectomy" individually or in combination. A manual search of reference lists of included articles was conducted. Case reports were excluded from the table. Articles with no full text available were excluded<sup>[97]</sup>. Articles presenting new pancreatic anastomotic techniques were excluded. N: Number; LAS: laparoscopic-assisted surgery; TLS: total laparoscopic surgery; RA: robotic-assisted; PD: pancreaticoduodenectomy; TP: total pancreatectomy; LOS: length of stay; IBL: intraoperative blood loss; OT: operative time; QoL: quality of life; CR-POPF: clinically relevant postoperative pancreatic fistula. \*LAS was not treated as a separate group from laparoscopy.





**Figure 2.** Trocars and mini-laparotomy placement in laparoscopic-assisted pancreaticoduodenectomy. The placement of trocars widely changed among different reports. Proposed placement of trocars: (A) mini-laparotomy; and (B) ports for trocars placement.

MIDP for the treatment of pancreatic ductal adenocarcinoma, available data suggest the oncological appropriateness of the procedure, but high-level evidence is still lacking. Oncological outcomes were comparable in terms of resection margins, disease free survival, and overall survival, while the number of harvested lymph nodes was found to be lower in one metanalysis and comparable in a second one<sup>[101,109,110]</sup>. The DIPLOMA trial<sup>[111]</sup> showed a higher R0 resection rate for MIDP, a less frequent Gerota's fascia resection, a lower number of harvested lymph nodes, and a comparable median survival. Randomized clinical trials are ongoing, trying to give a definitive answer. Regarding the choice of the type of MIS technique, several observational studies have been published comparing the robotic versus laparoscopic approach. Theoretically, the robotic platform should provide advantages in terms of improved dexterity and vision, allowing for completion of more complex procedures, but whether this translates into better outcomes and cost-effectiveness in clinical practice is still controversial<sup>[112]</sup>. Reported outcomes in the literature are heterogenous: recent metanalyses showed a higher rate of splenic vessel preservation and a lower conversion rate, but higher cost in Robotic DP compared to LDP<sup>[113,114]</sup>. Another metanalysis reported a shorter LOS and an increase of spleen preservation rate at the expense of increased cost<sup>[115]</sup>. Oncological and postoperative outcomes, such as POPF rate and overall morbidity, were comparable. Other studies showed no major differences in perioperative outcomes<sup>[116-118]</sup>. Therefore, the Miami Guidelines conclude that both laparoscopic and robotic DP are considered valuable and equivalent options, and the choice

between the two depends on the preference of the surgeon and his familiarity with the technique<sup>[108]</sup>.

### **Pancreaticoduodenectomy**

Pancreaticoduodenectomy is still performed in the majority of centers with an open approach due to its technical difficulty and the complex reconstructive phase. Available data on safety and feasibility of MIPD are conflicting. Reports from low-volume centers showed an increased morbidity and mortality after MIPD<sup>[119,120]</sup>, while experience in high-volume centers demonstrated a similar rate of mortality and morbidity compared to OPD. Moreover, in high-volume centers, LPD showed a lower rate of DGE, decreased blood loss, and a shorter hospital stay but a longer operative time<sup>[36,121,122]</sup>. Three randomized clinical trials have been published with mixed results. Palanivelu *et al.*<sup>[123]</sup> showed similar oncological and perioperative outcomes in OPD and LPD. Conversely, the LEOPARD-2 trial was interrupted early because of safety concerns due to a disproportionately high number of deaths in the LPD arm<sup>[124]</sup>, while the PADULAP trial reported a lower major complication rate and a shorter LOS and similar oncological outcomes<sup>[125]</sup>. No major differences in outcomes have been reported between LPD and RPD<sup>[126,127]</sup>. In view of existing evidence, the Miami Guidelines concluded that insufficient data exist to recommend MIPD over OPD. MIPD appears to be safe and feasible but only if performed by surgeons who have completed the learning curve and if set in high-volume centers experienced in both pancreatic surgery and MIS.

### **HALS: DOES IT STILL HAVE A ROLE IN PANCREATIC SURGERY PRACTICE TODAY?**

Analysis of trends in the use of MIS in pancreatic surgery showed how, with time, we had a steep increase of MIDP, and the increase in number was paralleled by increasing complexity of procedures and a decrease in conversion rate and operative time<sup>[42]</sup>. Moreover, the proportion of procedures performed with hand assistance decreased with time as surgeons became more skilled in MIS. It is worth noting that a recent analysis showed that MIDP is only used in one third of eligible patients<sup>[128]</sup>. Therefore, on the one hand, HADP plays a very marginal role in high-volume centers, where surgeons have finished their learning curve, while, on the other hand, there are still centers in the process of implementation of MIS where HADP may play a fundamental role as a bridge to totally MIDP, easing the transition and shortening the learning curve. Moreover, HADP, with its shorter operative time, may be preferred in patients with multiple cardiological, pulmonary, and renal comorbidities who would not tolerate well the effects of prolonged anesthesia and pneumoperitoneum<sup>[16]</sup>. Furthermore, HADP may be used as an intermediary step in conversion from MIDP to open in complex cases where manual assistance or tactile feedback is required or in the case of intraoperative complications because it appears that converted hand-assisted cases have a lower estimated blood loss and a shorter LOS than open<sup>[16,30]</sup>.

The role of MIS in PD is still not defined; MIPD can be performed in high-volume centers by experienced surgeons with acceptable outcomes, but the results are difficult to be generalized. In the process of the implementation of MIPD, LAPD may play a role as a bridge to totally laparoscopic PD allowing for a safer transition<sup>[129,130]</sup>.

In conclusion, the choice of the right approach needs to be tailored to the patient with a focus on his or her safety and to the surgeon keeping in mind his or her limits and expertise.

### **DECLARATIONS**

#### **Authors' contribution**

Conception, design, drafting and revision of the manuscript: Donisi G, Zerbi A

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**Conflict of interest**

Both authors declared that there are no conflicts of interest.

**Ethical approval and consent to participate**

Not applicable.

**Consent for publication**

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